

Williamstown fishing and dietary advice

The Department of Primary Industries has implemented updated recommendations of the Williamstown Contamination Expert Panel around fishing arising from PFAS (per - and - poly-fluorinated alkyl substances) contamination at the RAAF Base.

- Tilligerry Creek and Fullerton Cove remain open to fishers.
- Precautionary restrictions on catching dusky flathead have been lifted.
- The general public can be confident that seafood for sale from the area is safe to eat.
- Updated dietary advice has been provided for fishers and local residents who consume large amounts of seafood from the Hunter River Estuary, Fullerton Cove and Tilligerry Creek, who should limit the number of serves of individual species - see overleaf.
- Sourcing seafood from a variety of locations including the ocean and waterways outside these areas will assist in minimising exposure.

Seafood for
sale is safe
to eat



Recommended maximum intake based on eating a single species caught from the Hunter River Estuary, Fullerton Cove and Tilligerry Creek.

This table lists the number of serves of a single species that can be eaten each week to result in an exposure to half of the health based guideline value.

- Serving size = 150 grams
- Species specific information is for when a single species of fish is eaten per week. Eating multiple species would result in a greater exposure.

Children – 2 to 6 year old

Number of serves	Fish	Crustacean
<0.5 serve total per week		School Prawns* Blue Swimmer Crab
0.5 serve total per week	Dusky Flathead Luderick Mulloway	Mud Crab
1 serve total per week	Sea Mullet Silver Biddy Sand Whiting	
Up to 4 serves total per week	Yellowfin Bream	

All other age groups

Number of serves	Fish	Crustacean
0.5 serve total per week		Blue Swimmer Crab
1 serve total per week	Dusky Flathead Luderick Mulloway	School Prawns Mud Crab
Up to 4 serves total per week	Sea Mullet Silver Biddy	
Up to 8 serves total per week	Sand Whiting Yellowfin Bream	

* If recreational fishers capture School Prawns from the Hunter River, it is recommended that they follow the advice above.

Additional PFAS and exposure advice for residents:

www.epa.nsw.gov.au/MediaInformation/williamtown.htm

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